

NEW!
service
offerings
inside!

Service Guide

Winter 2023

Kinark Autism Services

Helping children and youth with complex needs achieve better life outcomes.

Kinark has worked in partnership with families of children and youth with Autism Spectrum Disorder for over 20 years to provide high-quality, evidence-based and individualized services that meet each child's unique strengths and needs.

This service guide shares the services that are available to your family this winter from January 2023 to March 2023.

Look for the **NEW!** symbol throughout the guide for new offerings, such as Teen Social Time, DIY Resource Days and French Ask a School Consultant (Poser Vos Questions à Nos Consultantes D'écoles).

Our team is available Monday to Friday from 9 am to 5 pm to answer any of your questions about our services.

Three ways to register for a service in this guide!

1

Register online at kinarkautismservices.ca/programs-and-services/

2

Register by emailing us at autisminfo@kinark.on.ca

3

Register by calling us at 1-800-283-3377

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Guide Legend

To support parents and caregivers when finding the most suitable service for their child and family, this legend outlines the different options for service type, participant type and delivery type. Each service has this information listed in its description.

Service Type

Group:	Service is delivered to a group of participants.
Individual:	Service is delivered to an individual.

Participant Type

Caregiver only:	Service is available for parents and caregivers only.
Child only:	Service is available for children and youth only.
Child and caregiver:	Service is delivered through a combination of child and caregiver support.

Delivery Type

Virtual:	Service is delivered online through our virtual platform.
In-person:	Service is delivered in-person.
Hybrid:	Service is delivered through a combination of virtual and in-person support.

Upcoming this Winter

Parent and Caregiver Education Workshops

These virtual workshops offer education, techniques and tools on a wide range of topics for parents and caregivers to help them support their children. They are free Foundational Family Services for families registered in the Ontario Autism Program.

Visit our website to view the workshops and register: bit.ly/kinarkparented.

Thursday
Jan. 5 **Skills for Successful Group Participation**
Thursday, January 5 from 9:30 to 11:30 am - Virtual

Tuesday
Jan. 10 **The Behaviour Series: After Behaviour**
Tuesday, January 10 from 12 to 2 pm - Virtual

Thursday
Jan. 12 **Preparing for Medical and Dental Appointments**
Thursday, January 12 from 12 to 1 pm - Virtual

Monday
Jan. 16 **Sensory Processing and Regulation**
Monday, January 16 from 11 am to 12:30 pm - Virtual

Tuesday
Jan. 17 **Introduction to Behavioural Skills Training**
Tuesday, January 17 from 1 to 2 pm - Virtual

Wednesday
Jan. 18 **Ask a Psychologist**
Wednesday, January 18 from 12 to 1 pm - Virtual

Friday
Jan. 20 **Sexual Health: The Early Years**
Friday, January 20 from 10 am to 12 pm - Virtual

Monday
Jan. 23 **Let's Eat: Supporting Healthy Eating Habits**
Monday, January 23 from 12:30 to 2:30 pm - Virtual

Wednesday
Jan. 25 **Safety Series: Wandering and Running Away**
Thursday, January 25 from 12 to 1:30 pm - Virtual

Parent and Caregiver Education Workshops Cont'd

Thursday Jan. 26	Introduction to Toilet Training Thursday, January 26 from 12:30 to 2:30 pm - Virtual
Monday Jan. 30	Why Can't They Get Along? Let's Talk About Sibling Play Monday, January 30 from 10 to 11 am - Virtual
Wednesday Feb. 1	Building Healthy Sleep Routines Wednesday, February 1 from 12:30 to 2:30 pm - Virtual
Friday Feb. 3	School Series: Advocating and Collaborating Friday, February 3 from 9:30 to 11:30 am - Virtual
Monday Feb. 6	The Power of Reinforcement Monday, February 6 from 12 to 1:30 pm - Virtual
Thursday Feb. 9	Sexual Health: The Middle Years Monday, January 16 from 10 am to 12 pm - Virtual
Monday Feb. 13	Picking Apart Picky Eating Monday, February 13 from 10:30 am to 12:30 pm - Virtual
Thursday Feb. 16	Parenting a Child with ASD and Mental Health Needs Thursday, February 16 from 11 am to 1 pm - Virtual
Thursday Feb. 16	The Behaviour Series: During Behaviour Thursday, February 16 from 5:30 to 7:30 pm - Virtual
Wednesday Feb. 22	Teaching with Applied Behaviour Analysis Wednesday, February 22 from 10 am to 12 pm - Virtual
Monday Feb. 27	More Play, Fewer Struggles Monday, February 27 from 12 to 12:45 pm - Virtual

Visit our website to view the workshops and register at

bit.ly/kinarkparented.



Early Childhood (Preschool and Kindergarten)

Early Childhood



Service Navigation

Service Navigation and Coordination

Family Support Workers are available to consult with parents and caregivers about services and supports available in your community.

Type	Individualized, caregiver only
Features	Direct consultation and support
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Ask a Service Navigator

Bring any questions that you have when navigating the different autism services available and receive support from our team.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	🔗 Thursday, Jan. 12 from 1 to 2 pm 🔗 Thursday, Feb. 16 from 1 to 2 pm 🔗 Thursday, March 9 from 1 to 2 pm
Cost	FREE for families registered in the OAP

Information and Resource Sessions

Ontario Autism Program (OAP) Information Session

Receive information about services and supports available in the OAP, including the various application forms, expenses, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	🔗 Friday, Jan. 20 from 1 to 2:30 pm 🔗 Friday, Feb. 17 from 10 to 11:30 am 🔗 Friday, March 24 from 3 to 4:30 pm
Cost	FREE for families registered in the OAP

Beyond the Ontario Autism Program (OAP): Accessing Regional Resources

Learn more about the supports and services outside of the OAP and in your community, including additional funding and discounts, crisis contacts, respite care, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop. Sessions for York Region, Durham Region, and Simcoe County. Follow up consultation available.
Delivery	Virtual
Dates	🔗 Dates and times available on our website
Cost	FREE for families registered in the OAP

Individualized Support

Brief Behavioural Consultation

Brief Behavioural Consultation helps to teach caregivers individualized strategies that support identified goals. Individualized resource kits are also available through this service.

Type	Individual, caregiver only
Features	Up to six, one-hour sessions Individualized support and resources
Delivery	Virtual, in-person, hybrid options
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Resource Kits

Following a brief consultation with one of our clinicians, Kinark will create an individualized resource kit with materials and activities tailored to meet your child's needs.

Type	Individual, caregiver only
Features	Meet with a clinician Individualized resources
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

DIY Resource Days **NEW!**

This workshop provides caregivers of children with Autism Spectrum Disorder (ASD) with the opportunity to create resources for your child with the support of a Kinark ASD Consultant. You will have access to free materials to create resources such as token boards, social narratives, and choice boards.

Type	Group, caregiver only
Features	Meet with a clinician Create individualized resources
Delivery	In-person
Date	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Application Support

Funding Application Support

These sessions guide caregivers through the step-by-step process of the applications for Special Services at Home, Assistance for Children with Severe Disabilities, and Disability Tax Credit.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Check out our Family Programs on page 38 for family social nights!

Transition Support

Ask a School Consultant

Ask a School Consultant allows for an interactive experience where caregivers bring their questions about the school system and receive expert clinical support.

- Type** Group, caregiver only
- Features** One-hour virtual workshop
Follow up consultation available
- Delivery** Virtual
- Dates**
 - 🔗 Wednesday, Jan. 18 from 5 to 6 pm
 - 🔗 Thursday, Jan. 26 from 12 to 1 pm
 - 🔗 Thursday, Feb. 23 from 5 to 6 pm
 - 🔗 Tuesday, Feb. 28 from 12 to 1 pm
- Cost** FREE for families registered in the OAP

Poser Vos Questions à Nos Consultantes D'écoles **NEW!**

Les sessions avec les analystes de comportement qui consultent dans les écoles permet une expérience interactive où les parents peuvent apporter leurs questions sur le système scolaire et recevoir un soutien clinique approfondie.

- Type** Groupe, parents et familles seulement
- Format** Session virtuel, une heure
Consultation de suivi est disponible avec une consultante
- Mode** Virtuel
- Dates**
 - 🔗 Mardi le 7 février de 12h à 13h
 - 🔗 Mercredi le 15 février de 13h à 14h
- Coût** Gratuit pour les familles inscrites au POSA

Parent and Caregiver Social Time

This social time is designed for parents and caregivers to connect with others in a safe space, have virtual discussions about challenges they may face, and ask any questions they may have on the session topic. Parenting strategies and experiences will be shared in each session.

- Type** Group, caregiver only
- Features** One-hour interactive workshop
- Delivery** Virtual
- Cost** FREE for families registered in the OAP

March Break Programs and Funding Options

Are you looking for information on the funding and camps available for your child this spring break? In this workshop, you will learn about the camps available in the GTA and funding options that you can apply for to get additional support.

- Date** 🔗 Monday, Jan. 9 from 4 to 5 pm

Foundational Family Services and Urgent Response Services

Is your child registered in the Ontario Autism Program? Do you want to learn more about Foundational Family Services and Urgent Response Services? Join us for a discussion on how and where you can access these helpful services free of charge.

- Date** 🔗 Wednesday, March 22 from 10 to 11 am

Kid Social Time

This social time is designed to connect children virtually and participate in fun activities such as crafts, show and tell, dance parties and much more. These sessions are recommended for children and youth aged five to 12.

Type	Group, child only
Features	One-hour interactive workshop
Delivery	Virtual
Cost	Free for families registered in the OAP

Show and Tell

Do you have something that is special to you and would like to show it to others? Join us for a virtual show and tell! Don't forget to ask your friends questions about their items too!

Date  **Wednesday, Jan. 11 from 4 to 5 pm**

Drawing Fun

Sharpen your pencils, grab some paper, and join us for some virtual drawing fun!

Date  **Monday, Feb. 6 from 4:30 to 5:30 pm**

Scavenger Hunt

Do you have quick feet? Join us for a fun scavenger hunt game where we will send you searching for common items in your home!

Date  **Wednesday, Feb. 8 from 4 to 5 pm**

Magic Night

Join us for an evening of fun magic tricks! Bring a cool trick of your own and show us too.

Date  **Monday, Feb. 27 from 7 to 8 pm**

Virtual Zoo Field Trip

Join us for a fun virtual zoo experience! Participants will follow a read along and look at various zoo animals through an interactive experience.

Date  **Wednesday, March 1 from 4 to 5 pm**

Green Thumb - Flower Kit

Spring is around the corner! The snow is melting and soon little seeds that are planted will turn into beautiful flowers. Register by February 22 to receive one of our spring flowers kits and then join us virtually to plant them together! Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up will be provided upon registration.

Date  **Monday, March 6 from 4:30 to 5:30 pm**

Sensory Crafts

Join us for fun and easy, hands-on sensory activities you can do at home! Participants will create sensory crafts, such as moon dough, zip lock paintings and sensory bottles. Additional details on the items required will be shared upon registration.

Date  **Wednesday, March 15 from 1 to 2 pm**

Draw Your Own Story

Grab your markers, pencils and crayons and join us to create your own story! Using your imagination, you will create your own mini story book.

Date  **Monday, March 27 from 6 to 7 pm**

Behavioural Services

Centre-based Applied Behaviour Analysis (ABA) Services

Our team of Board Certified Behavior Analysts and skilled clinicians will work with you to develop an individualized service plan to meet the needs of your child. Skills are taught across developmental domains, such as communication, independence, play and social skills, and school readiness skills. Services are delivered at one of our child-friendly ABA Centres located in Markham, Oshawa, Richmond Hill and Barrie.

Type	Individual/group options, child only
Features	Daytime, evening and full days. Clinical team includes Board Certified Behavior Analysts and Registered Behaviour Technicians. Assessment, program development, ongoing supervision and monitoring of child's program. Caregiver coaching included.
Delivery	In-person
Dates	Part-time sessions available Monday to Friday from 8:30 am to 11:30 am or 12:30 pm to 3:30 pm. Full-day sessions available Monday to Friday from 8:30 am to 3:30 pm. After school sessions available Monday to Thursday from 4 pm to 6 pm.
Cost	\$55 an hour for small group* \$95 an hour for one-to-one support*

There are no additional hidden fees or costs associated with our centre-based ABA services!

*This service may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.

Applied Behaviour Analysis (ABA) Coaching Services

Our ABA clinicians work with caregivers to identify individual goals and develop a mediator-led, customized plan based on effective ABA-based strategies.

Type	Individual, caregiver only
Features	Individualized strategies and resources. Work with a Board Certified Behavior Analyst (BCBA) or BCBA-supervised ABA clinician. Follow up support.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to book a consultation.
Cost	\$125 an hour for direct one-to-one consultation*

Group-based Behavioural Services

Ready, Set, Play!

Playtime has never been more fun! This is an interactive and in-person six-week program for young children with ASD and their caregivers. During each 60-minute session, caregivers receive specific coaching and strategies to support their child's social and play skills.

Type	Group, caregiver and child
Features	Interactive, play-based learning. Supports play and social skills. Exposure to new toys and ways to play. Caregiver coaching and support.
Delivery	In-person
Dates	Begins winter 2023 and runs for six weeks. Visit our website for dates.
Cost	Free for families registered in the OAP

First Words

This 10-week, in-person program for children with ASD helps learners develop their early communication skills. During each two-hour group session, children will practice communicating their wants and needs with therapists and peers through play-based activities.

Type	Group, child only
Features	Weekly sessions with ABA therapists. Summary report of child's progress. Caregiver coaching sessions included. 40 hours of service total.
Delivery	In-person
Dates	Begins winter 2023 and runs twice a week for 10 weeks. Visit our website for dates.
Cost	\$1,900*

Ontario Autism Program (OAP) Funded Services

Connections for Students

This consultative service works in partnership with School Boards to support a child with ASD registered in a publicly funded school.

Type	Individual, caregiver and child
Features	Collaboration with caregiver to identify transition goals. Monitoring of child's progress.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to learn more.
Cost	FREE for eligible families registered in the OAP

Entry to School Program

This program supports children between the ages of three and six years old who are entering school (kindergarten or grade one) for the first time. This six-month, group program focuses on helping children develop school-readiness skills in communication, play, social interaction, behavioural self-management, and learning and attention. The group program is followed by individual transition supports for children as they enter school, and targeted consultations with Entry to School program staff during their first six months in school.

Type	Individual, caregiver and child
Features	Six-month, group program. Transition support into school. Individualized consultations during the first six months of school.
Delivery	In-person
Dates	The next group begins in March 2023
Cost	Free for eligible families registered in the OAP. Delivered in partnership with the York Simcoe Autism Network (YSAN).

*This service may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.

Caregiver-mediated Early Years Programs: Pivotal Response Treatment

Pivotal Response Treatment uses your child's interests to build their motivation, language, as well as social and play skills. Over 12 weeks of individualized coaching, caregivers will use the skills they have learned throughout all parts of their day to improve how they interact with their child.

Type	Individual, caregiver and child
Features	12 weeks of individualized coaching. Weekly sessions. Summary of child's progress and recommendations.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized.
Cost	FREE for eligible families registered in the OAP. Delivered in partnership with the York Simcoe Autism Network (YSAN).

Learn more about the
York Simcoe Autism
Network (YSAN) on
page 42 of this guide!

Urgent Response Services

A time-limited, rapid response service that addresses a specific need to prevent further escalation of a child or youth harming themselves, others or property. The service is available to any child or youth registered in the Ontario Autism Program (OAP) who meets defined ministry criteria which is determined through a screening process that looks at high risk factors.

Type	Individual, caregiver and child
Features	Short-term, interdisciplinary consultation. Direct support to the family. Service navigation and coordination.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized
Cost	FREE for eligible families registered in the OAP. Delivered in partnership with the York Simcoe Autism Network (YSAN).

Want to stay connected?

Sign up for our mailing list and follow our social channels for frequent program and service information, resources and more!

 kinarkautismservices.ca/#newsletter

 [@KinarkAutismServices](https://www.instagram.com/KinarkAutismServices)

 [@KinarkAutismServices](https://www.facebook.com/KinarkAutismServices)



Grades 1 to 3

Grades 1 to 3



Service Navigation

Service Navigation and Coordination

Family Support Workers are available to consult with parents and caregivers about services and supports available in your community.

Type	Individualized, caregiver only
Features	Direct consultation and support
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Ask a Service Navigator

Bring any questions that you have when navigating the different autism services available and receive support from our team.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Thursday, Jan. 12 from 1 to 2 pm Thursday, Feb. 16 from 1 to 2 pm Thursday, March 9 from 1 to 2 pm
Cost	FREE for families registered in the OAP

Information and Resource Sessions

Ontario Autism Program (OAP) Information Session

Receive information about services and supports available in the OAP, including the various application forms, expenses, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Friday, Jan. 20 from 1 to 2:30 pm Friday, Feb. 17 from 10 to 11:30 am Friday, March 24 from 3 to 4:30 pm
Cost	FREE for families registered in the OAP

Beyond the Ontario Autism Program (OAP): Accessing Regional Resources

Learn more about the supports and services outside of the OAP and in your community, including additional funding and discounts, crisis contacts, respite care, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop. Sessions for York Region, Durham Region, and Simcoe County. Follow up consultation available.
Delivery	Virtual
Dates	Dates and times available on our website
Cost	FREE for families registered in the OAP

Individualized Support

Brief Behavioural Consultation

Brief Behavioural Consultation helps to teach caregivers individualized strategies that support identified goals. Individualized resource kits are also available through this service.

Type	Individual, caregiver only
Features	Up to six, one-hour sessions Individualized support and resources
Delivery	Virtual, in-person, hybrid options
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Resource Kits

Following a brief consultation with one of our clinicians, Kinark will create an individualized resource kit with materials and activities tailored to meet your child's needs.

Type	Individual, caregiver only
Features	Meet with a clinician Individualized resources
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

DIY Resource Days **NEW!**

This workshop provides caregivers of children with Autism Spectrum Disorder (ASD) with the opportunity to create resources for your child with the support of a Kinark ASD Consultant. You will have access to free materials to create resources such as token boards, social narratives, and choice boards.

Type	Group, caregiver only
Features	Meet with a clinician Create individualized resources
Delivery	In-person
Date	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Application Support

Funding Application Support

These sessions guide caregivers through the step-by-step process of the applications for Special Services at Home, Assistance for Children with Severe Disabilities, and Disability Tax Credit.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Check out our Family Programs on page 38 for family social nights!

Transition Support

Ask a School Consultant

Ask a School Consultant allows for an interactive experience where caregivers bring their questions about the school system and receive expert clinical support.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Wednesday, Jan. 18 from 5 to 6 pm Thursday, Jan. 26 from 12 to 1 pm Thursday, Feb. 23 from 5 to 6 pm Tuesday, Feb. 28 from 12 to 1 pm
Cost	FREE for families registered in the OAP

Poser Vos Questions à Nos Consultantes D'écoles **NEW!**

Les sessions avec les analystes de comportement qui consultent dans les écoles permet une expérience interactive où les parents peuvent apporter leurs questions sur le système scolaire et recevoir un soutien clinique approfondie.

Type	Groupe, parents et familles seulement
Format	Session virtuel, une heure Consultation de suivi est disponible avec une consultante
Mode	Virtuel
Dates	Mardi le 7 février de 12h à 13h Mercredi le 15 février de 13h à 14h
Coût	Gratuit pour les familles inscrites au POSA

Parent and Caregiver Social Time

This social time is designed for parents and caregivers to connect with others in a safe space, have virtual discussions about challenges they may face, and ask any questions they may have on the session topic. Parenting strategies and experiences will be shared in each session.

Type	Group, caregiver only
Features	One-hour interactive workshop
Delivery	Virtual
Cost	FREE for families registered in the OAP

March Break Programs and Funding Options

Are you looking for information on the funding and camps available for your child this spring break? In this workshop, you will learn about the camps available in the GTA and funding options that you can apply for to get additional support.

Date [Monday, Jan. 9 from 4 to 5 pm](#)

Foundational Family Services and Urgent Response Services

Is your child registered in the Ontario Autism Program? Do you want to learn more about Foundational Family Services and Urgent Response Services? Join us for a discussion on how and where you can access these helpful services free of charge.

Date [Wednesday, March 22 from 10 to 11 am](#)

Kid Social Time

This social time is designed to connect children virtually and participate in fun activities such as crafts, show and tell, dance parties and much more. These sessions are recommended for children and youth aged five to 12.

Type	Group, child only
Features	One-hour interactive workshop
Delivery	Virtual
Cost	Free for families registered in the OAP

Show and Tell

Do you have something that is special to you and would like to show it to others? Join us for a virtual show and tell! Don't forget to ask your friends questions about their items too!

Date  **Wednesday, Jan. 11 from 4 to 5 pm**

Drawing Fun

Sharpen your pencils, grab some paper, and join us for some virtual drawing fun!

Date  **Monday, Feb. 6 from 4:30 to 5:30 pm**

Scavenger Hunt

Do you have quick feet? Join us for a fun scavenger hunt game where we will send you searching for common items in your home!

Date  **Wednesday, Feb. 8 from 4 to 5 pm**

Magic Night

Join us for an evening of fun magic tricks! Bring a cool trick of your own and show us too.

Date  **Monday, Feb. 27 from 7 to 8 pm**

Virtual Zoo Field Trip

Join us for a fun virtual zoo experience! Participants will follow a read along and look at various zoo animals through an interactive experience.

Date  **Wednesday, March 1 from 4 to 5 pm**

Green Thumb - Flower Kit

Spring is around the corner! The snow is melting and soon little seeds that are planted will turn into beautiful flowers. Register by February 22 to receive one of our spring flowers kits and then join us virtually to plant them together! Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up will be provided upon registration.

Date  **Monday, March 6 from 4:30 to 5:30 pm**

Sensory Crafts

Join us for fun and easy, hands-on sensory activities you can do at home! Participants will create sensory crafts, such as moon dough, zip lock paintings and sensory bottles. Additional details on the items required will be shared upon registration.

Date  **Wednesday, March 15 from 1 to 2 pm**

Draw Your Own Story

Grab your markers, pencils and crayons and join us to create your own story! Using your imagination, you will create your own mini story book.

Date  **Monday, March 27 from 6 to 7 pm**

Behavioural Services

Centre-based Applied Behaviour Analysis (ABA) Services

Our team of Board Certified Behavior Analysts and skilled clinicians will work with you to develop an individualized service plan to meet the needs of your child. Skills are taught across developmental domains, such as communication, independence, play and social skills, and school readiness skills. Services are delivered at one of our child-friendly ABA Centres located in Markham, Oshawa, Richmond Hill and Barrie.

Type	Individual/group options, child only
Features	Daytime, evening and full days. Clinical team includes Board Certified Behavior Analysts and Registered Behaviour Technicians. Assessment, program development, ongoing supervision and monitoring of child's program. Caregiver coaching included.
Delivery	In-person
Dates	Part-time sessions available Monday to Friday from 8:30 am to 11:30 am or 12:30 pm to 3:30 pm. Full-day sessions available Monday to Friday from 8:30 am to 3:30 pm. After school sessions available Monday to Thursday from 4 pm to 6 pm.
Cost	\$55 an hour for small group* \$95 an hour for one-to-one support*

There are no additional hidden fees or costs associated with our centre-based ABA services!

*This service may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.

Applied Behaviour Analysis (ABA) Coaching Services

Our ABA clinicians work with caregivers to identify individual goals and develop a mediator-led, customized plan based on effective ABA-based strategies.

Type	Individual, caregiver only
Features	Individualized strategies and resources. Work with a Board Certified Behavior Analyst (BCBA) or BCBA-supervised ABA clinician. Follow up support.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to book a consultation.
Cost	\$125 an hour for direct one-to-one consultation*

Group-based Behavioural Services

Kids Klub

This group program helps children with ASD develop the play and social skills needed to build and sustain friendships. In a small group of peers, children communicate and interact with others to learn and improve their social skills.

Type	Group, child only
Features	Weekly group sessions. Supervised by a Board Certified Behavior Analyst. Summary report of child's progress.
Delivery	Virtual and in-person options
Dates	Programs begin in winter 2023. Visit our website for dates.
Cost	\$600 for virtual delivery and \$750 for in-person delivery*

Emotions and Me

This 10-week program for children with ASD allows for children to communicate and interact with others to learn and improve their emotional regulation skills. Each 90-minute session uses evidence-based strategies through engaging games and activities to support the development of emotional regulation skills.

Type	Group, child only
Features	Weekly group sessions. One-hour parent education session. Summary report of child's progress.
Delivery	Virtual and in-person options
Dates	Programs begin in winter 2023. Visit our website for dates.
Cost	\$800 for virtual delivery and \$1,000 for in-person delivery.*

Ontario Autism Program (OAP) Funded Services

Connections for Students

This consultative service works in partnership with School Boards to support a child with ASD registered in a publicly funded school.

Type	Individual, caregiver and child
Features	Collaboration with caregiver to identify transition goals. Monitoring of child's progress.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to learn more.
Cost	FREE for eligible families registered in the OAP

Urgent Response Services

A time-limited, rapid response service that addresses a specific need to prevent further escalation of a child or youth harming themselves, others or property. The service is available to any child or youth registered in the Ontario Autism Program (OAP) who meets defined ministry criteria which is determined through a screening process that looks at high risk factors.

Type	Individual, caregiver and child
Features	Short-term, interdisciplinary consultation. Direct support to the family. Service navigation and coordination.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized
Cost	FREE for eligible families registered in the OAP. Delivered in partnership with the York Simcoe Autism Network (YSAN) .

Want to stay connected?

Sign up for our mailing list and follow our social channels for frequent program and service information, resources and more!

 kinarkautismservices.ca/#newsletter

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 [@KinarkAutismServices](https://www.facebook.com/KinarkAutismServices)

*This service may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.



Grades 4 to 8

Grades 4 to 8

Service Navigation

Service Navigation and Coordination

Family Support Workers are available to consult with parents and caregivers about services and supports available in your community.

Type	Individualized, caregiver only
Features	Direct consultation and support
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Ask a Service Navigator

Bring any questions that you have when navigating the different autism services available and receive support from our team.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Thursday, Jan. 12 from 1 to 2 pm Thursday, Feb. 16 from 1 to 2 pm Thursday, March 9 from 1 to 2 pm
Cost	FREE for families registered in the OAP

Information and Resource Sessions

Ontario Autism Program (OAP) Information Session

Receive information about services and supports available in the OAP, including the various application forms, expenses, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Friday, Jan. 20 from 1 to 2:30 pm Friday, Feb. 17 from 10 to 11:30 am Friday, March 24 from 3 to 4:30 pm
Cost	FREE for families registered in the OAP

Beyond the Ontario Autism Program (OAP): Accessing Regional Resources

Learn more about the supports and services outside of the OAP and in your community, including additional funding and discounts, crisis contacts, respite care, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop. Sessions for York Region, Durham Region, and Simcoe County. Follow up consultation available.
Delivery	Virtual
Dates	Dates and times available on our website
Cost	FREE for families registered in the OAP

Individualized Support

Brief Behavioural Consultation

Brief Behavioural Consultation helps to teach caregivers individualized strategies that support identified goals. Individualized resource kits are also available through this service.

Type	Individual, caregiver only
Features	Up to six, one-hour sessions Individualized support and resources
Delivery	Virtual, in-person, hybrid options
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Resource Kits

Following a brief consultation with one of our clinicians, Kinark will create an individualized resource kit with materials and activities tailored to meet your child's needs.

Type	Individual, caregiver only
Features	Meet with a clinician Individualized resources
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

DIY Resource Days **NEW!**

This workshop provides caregivers of children with Autism Spectrum Disorder (ASD) with the opportunity to create resources for your child with the support of a Kinark ASD Consultant. You will have access to free materials to create resources such as token boards, social narratives, and choice boards.

Type	Group, caregiver only
Features	Meet with a clinician Create individualized resources
Delivery	In-person
Date	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Application Support

Funding Application Support

These sessions guide caregivers through the step-by-step process of the applications for Special Services at Home, Assistance for Children with Severe Disabilities, and Disability Tax Credit.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Check out our Family Programs on page 38 for family social nights!

Transition Support

Ask a School Consultant

Ask a School Consultant allows for an interactive experience where caregivers bring their questions about the school system and receive expert clinical support.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Wednesday, Jan. 18 from 5 to 6 pm Thursday, Jan. 26 from 12 to 1 pm Thursday, Feb. 23 from 5 to 6 pm Tuesday, Feb. 28 from 12 to 1 pm
Cost	FREE for families registered in the OAP

Poser Vos Questions à Nos Consultantes D'écoles **NEW!**

Les sessions avec les analystes de comportement qui consultent dans les écoles permet une expérience interactive où les parents peuvent apporter leurs questions sur le système scolaire et recevoir un soutien clinique approfondie.

Type	Groupe, parents et familles seulement
Format	Session virtuel, une heure Consultation de suivi est disponible avec une consultante
Mode	Virtuel
Dates	Mardi le 7 février de 12h à 13h Mercredi le 15 février de 13h à 14h
Coût	Gratuit pour les familles inscrites au POSA

Parent and Caregiver Social Time

This social time is designed for parents and caregivers to connect with others in a safe space, have virtual discussions about challenges they may face, and ask any questions they may have on the session topic. Parenting strategies and experiences will be shared in each session.

Type	Group, caregiver only
Features	One-hour interactive workshop
Delivery	Virtual
Cost	FREE for families registered in the OAP

March Break Programs and Funding Options

Are you looking for information on the funding and camps available for your child this spring break? In this workshop, you will learn about the camps available in the GTA and funding options that you can apply for to get additional support.

Date [Monday, Jan. 9 from 4 to 5 pm](#)

Foundational Family Services and Urgent Response Services

Is your child registered in the Ontario Autism Program? Do you want to learn more about Foundational Family Services and Urgent Response Services? Join us for a discussion on how and where you can access these helpful services free of charge.

Date [Wednesday, March 22 from 10 to 11 am](#)

Kid Social Time

This social time is designed to connect children virtually and participate in fun activities such as crafts, show and tell, dance parties and much more. These sessions are recommended for children and youth aged five to 12.

- Type** Group, child only
- Features** One-hour interactive workshop
- Delivery** Virtual
- Cost** Free for families registered in the OAP

Show and Tell

Do you have something that is special to you and would like to show it to others? Join us for a virtual show and tell! Don't forget to ask your friends questions about their items too!

Date  **Wednesday, Jan. 11 from 4 to 5 pm**

Drawing Fun

Sharpen your pencils, grab some paper, and join us for some virtual drawing fun!

Date  **Monday, Feb. 6 from 4:30 to 5:30 pm**

Scavenger Hunt

Do you have quick feet? Join us for a fun scavenger hunt game where we will send you searching for common items in your home!

Date  **Wednesday, Feb. 8 from 4 to 5 pm**

Magic Night

Join us for an evening of fun magic tricks! Bring a cool trick of your own and show us too.

Date  **Monday, Feb. 27 from 7 to 8 pm**

Virtual Zoo Field Trip

Join us for a fun virtual zoo experience! Participants will follow a read along and look at various zoo animals through an interactive experience.

Date  **Wednesday, March 1 from 4 to 5 pm**

Green Thumb - Flower Kit

Spring is around the corner! The snow is melting and soon little seeds that are planted will turn into beautiful flowers. Register by February 22 to receive one of our spring flowers kits and then join us virtually to plant them together! Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up will be provided upon registration.

Date  **Monday, March 6 from 4:30 to 5:30 pm**

Sensory Crafts

Join us for fun and easy, hands-on sensory activities you can do at home! Participants will create sensory crafts, such as moon dough, zip lock paintings and sensory bottles. Additional details on the items required will be shared upon registration.

Date  **Wednesday, March 15 from 1 to 2 pm**

Draw Your Own Story

Grab your markers, pencils and crayons and join us to create your own story! Using your imagination, you will create your own mini story book.

Date  **Monday, March 27 from 6 to 7 pm**

Behavioural Services

Applied Behaviour Analysis (ABA) Coaching Services

Our ABA clinicians work with caregivers to identify individual goals and develop a mediator-led, customized plan based on effective ABA-based strategies.

Type	Individual, caregiver only
Features	Individualized strategies and resources. Work with a Board Certified Behavior Analyst (BCBA) or BCBA-supervised ABA clinician. Follow up support.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to book a consultation.
Cost	\$125 an hour for direct one-to-one consultation*

Group-based Behavioural Services

Kids Klub

This group program helps children with ASD develop the play and social skills needed to build and sustain friendships. In a small group of peers, children communicate and interact with others to learn and improve their social skills.

Type	Group, child only
Features	Supervised by a Board Certified Behavior Analyst. Weekly group sessions.
Delivery	Virtual and in-person options
Dates	Programs begin in winter 2023. Visit our website for dates.
Cost	\$600 for virtual delivery and \$750 for in-person delivery*

Emotions and Me

This 10-week program for children with ASD allows for children to communicate and interact with others to learn and improve their emotional regulation skills. Each 90-minute session uses evidence-based strategies through engaging games and activities to support the development of emotional regulation skills.

Type	Group, child only
Features	Weekly group sessions. One-hour parent education session. Summary report of child's progress.
Delivery	Virtual and in-person options
Dates	Programs begin in winter 2023. Visit our website for dates.
Cost	\$800 for virtual delivery and \$1,000 for in-person delivery.*

Facing Your Fears

This 14-week in-person group program provides children with ASD with skills to help them manage their anxiety to support their daily life. During each group session, children will identify their fears, develop coping strategies, and practice facing their fears with guidance and support from group facilitators.

Type	Group, child only
Features	Assists youth to identify their fears and develop coping strategies. Guidance and support from group facilitators.
Delivery	In-person
Dates	Program begins in winter 2023. Visit our website for dates.
Cost	\$1,800*

*This service may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.

PEERS® for Teens

The Program for the Education and Enrichment of Relational Skills (PEERS®) for teens is an evidence-based social skills group for motivated teens who are interested in learning new ways of making and keeping friends. During each group session, teens are taught important skills and practice these skills during group socialization activities.

Type	Group, child and caregiver
Features	Weekly 90-minute group sessions. Led by skilled, PEERS® certified clinicians.
Delivery	Virtual
Dates	Programs begin in winter 2023. Visit our website for dates.
Cost	\$800*

Ontario Autism Program (OAP) Funded Services

Connections for Students

This consultative service works in partnership with School Boards to support a child with ASD registered in a publicly funded school.

Type	Individual, caregiver and child
Features	Collaboration with caregiver to identify transition goals. Monitoring of child's progress.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to learn more.
Cost	FREE for eligible families registered in the OAP

Urgent Response Services

A time-limited, rapid response service that addresses a specific need to prevent further escalation of a child or youth harming themselves, others or property. The service is available to any child or youth registered in the Ontario Autism Program (OAP) who meets defined ministry criteria which is determined through a screening process that looks at high risk factors.

Type	Individual, caregiver and child
Features	Short-term, interdisciplinary consultation. Direct support to the family. Service navigation and coordination.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized
Cost	FREE for eligible families registered in the OAP. Delivered in partnership with the York Simcoe Autism Network (YSAN).

Want to stay connected?

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-  kinarkautismservices.ca/#newsletter
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*This service may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.



High School



High School

Service Navigation

Service Navigation and Coordination

Family Support Workers are available to consult with parents and caregivers about services and supports available in your community.

Type	Individualized, caregiver only
Features	Direct consultation and support
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Ask a Service Navigator

Bring any questions that you have when navigating the different autism services available and receive support from our team.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Thursday, Jan. 12 from 1 to 2 pm Thursday, Feb. 16 from 1 to 2 pm Thursday, March 9 from 1 to 2 pm
Cost	FREE for families registered in the OAP

Information and Resource Sessions

Ontario Autism Program (OAP) Information Session

Receive information about services and supports available in the OAP, including the various application forms, expenses, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Friday, Jan. 20 from 1 to 2:30 pm Friday, Feb. 17 from 10 to 11:30 am Friday, March 24 from 3 to 4:30 pm
Cost	FREE for families registered in the OAP

Beyond the Ontario Autism Program (OAP): Accessing Regional Resources

Learn more about the supports and services outside of the OAP and in your community, including additional funding and discounts, crisis contacts, respite care, and more.

Type	Group, caregiver only
Features	One-hour virtual workshop. Sessions for York Region, Durham Region, and Simcoe County. Follow up consultation available.
Delivery	Virtual
Dates	Dates and times available on our website
Cost	FREE for families registered in the OAP

Individualized Support

Brief Behavioural Consultation

Brief Behavioural Consultation helps to teach caregivers individualized strategies that support identified goals. Individualized resource kits are also available through this service.

Type	Individual, caregiver only
Features	Up to six, one-hour sessions Individualized support and resources
Delivery	Virtual, in-person, hybrid options
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

Resource Kits

Following a brief consultation with one of our clinicians, Kinark will create an individualized resource kit with materials and activities tailored to meet your child's needs.

Type	Individual, caregiver only
Features	Meet with a clinician Individualized resources
Delivery	Virtual
Date	Dates and times are individualized. Visit our website to book a consultation.
Cost	FREE for families registered in the OAP

DIY Resource Days **NEW!**

This workshop provides caregivers of children with Autism Spectrum Disorder (ASD) with the opportunity to create resources for your child with the support of a Kinark ASD Consultant. You will have access to free materials to create resources such as token boards, social narratives, and choice boards.

Type	Group, caregiver only
Features	Meet with a clinician Create individualized resources
Delivery	In-person
Date	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Application Support

Funding Application Support

These sessions guide caregivers through the step-by-step process of the applications for Special Services at Home, Assistance for Children with Severe Disabilities, and Disability Tax Credit.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	 Dates and times available on our website
Cost	FREE for families registered in the OAP

Check out our Family Programs on page 38 for family social nights!

Transition Support

Ask a School Consultant

Ask a School Consultant allows for an interactive experience where caregivers bring their questions about the school system and receive expert clinical support.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Wednesday, Jan. 18 from 5 to 6 pm Thursday, Jan. 26 from 12 to 1 pm Thursday, Feb. 23 from 5 to 6 pm Tuesday, Feb. 28 from 12 to 1 pm
Cost	FREE for families registered in the OAP

Poser Vos Questions à Nos **NEW!** Consultantes D'écoles

Les sessions avec les analystes de comportement qui consultent dans les écoles permet une expérience interactive où les parents peuvent apporter leurs questions sur le système scolaire et recevoir un soutien clinique approfondie.

Type	Groupe, parents et familles seulement
Format	Session virtuel, une heure Consultation de suivi est disponible avec une consultante
Mode	Virtuel
Dates	Mardi le 7 février de 12h à 13h Mercredi le 15 février de 13h à 14h
Coût	Gratuit pour les familles inscrites au POSA

Transition to Adulthood

These sessions provide information to parents and caregivers about the services and supports available once your child turns 18.

Type	Group, caregiver only
Features	One-hour virtual workshop Follow up consultation available
Delivery	Virtual
Dates	Monday, Jan. 9 from 1 to 2:30 pm Monday, Feb. 6 from 1 to 2:30 pm Monday, March 6 from 1 to 2:30 pm
Cost	FREE for families registered in the OAP

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 kinarkautismservices.ca/#newsletter

 [@KinarkAutismServices](https://www.instagram.com/KinarkAutismServices)

 [@KinarkAutismServices](https://www.facebook.com/KinarkAutismServices)

Teen Social Time **NEW!**

This social time is designed youth with Autism Spectrum Disorder to connect virtually and participate in fun and educational activities and discussions. These sessions are recommended for youth aged 12 to 18.

Type	Group, child only
Features	One-hour interactive workshop
Delivery	Virtual
Cost	FREE for families registered in the OAP

Virtual Cooking - Pizza

Calling all pizza lovers! Do you want to learn how to make pizza with all your favourite toppings? Join us for a fun evening of making delicious homemade pizza together. Adult supervision is recommended when cooking. Kits will be provided to families that confirm attendance.

Date  **Monday, Jan. 16 from 4 to 5 pm**

Living a Rich Life

What if you won a \$10 million lottery? What would your life look like? Join us to share your plan to create a rich, full, and meaningful life without needing to be a millionaire! We can help each other get clear on what matters most to us and how to take our life in the direction we want it to go.

Date  **Monday, Jan. 23 from 6 to 7 pm**

Science Experiments

We've rounded up a collection of easy science experiments that teens will love. Join us for some cool at home science fun. Science experiments will be emailed in advance so that you can have the materials ready to follow along.

Date  **Wednesday, Feb. 1 from 4 to 5 pm**

Karaoke Time

Did you want to show off your singing skills? Come and join us for an hour of music, singing and dancing. We will also share fun music related activities!

Date  **Wednesday, March 29 from 4 to 5 pm**

Parent and Caregiver Social Time

This social time is designed for parents and caregivers to connect with others in a safe space, have virtual discussions about challenges they may face, and ask any questions they may have on the session topic. Parenting strategies and experiences will be shared in each session.

Type	Group, caregiver only
Features	One-hour interactive workshop
Delivery	Virtual
Cost	FREE for families registered in the OAP

March Break Programs and Funding Options

Are you looking for information on the funding and camps available for your child this spring break? In this workshop, you will learn about the camps available in the GTA and funding options that you can apply for to get additional support.

Date  **Monday, Jan. 9 from 4 to 5 pm**

Foundational Family Services and Urgent Response Services

Is your child registered in the Ontario Autism Program? Do you want to learn more about Foundational Family Services and Urgent Response Services? Join us for a discussion on how and where you can access these helpful services free of charge.

Date  **Wednesday, March 22 from 10 to 11 am**

Behavioural Services

Applied Behaviour Analysis (ABA) Coaching Services

Our ABA clinicians work with caregivers to identify individual goals and develop a mediator-led, customized plan based on effective ABA-based strategies.

Type	Individual, caregiver only
Features	Individualized strategies and resources. Work with a Board Certified Behavior Analyst (BCBA) or BCBA-supervised ABA clinician. Follow up support.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to book a consultation.
Cost	\$125 an hour for direct one-to-one consultation*

PEERS® for Teens

The Program for the Education and Enrichment of Relational Skills (PEERS®) for teens is an evidence-based social skills group for motivated teens who are interested in learning new ways of making and keeping friends. During each group session, teens are taught important skills and practice these skills during group socialization activities.

Type	Group, child only
Features	Weekly 90-minute group sessions Led by skilled, PEERS® certified clinicians
Delivery	Virtual
Dates	Programs begin in winter 2023. Visit our website for dates.
Cost	\$800*

*This service may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.

Ontario Autism Program (OAP) Funded Services

Connections for Students

This consultative service works in partnership with School Boards to support a child with ASD registered in a publicly funded school.

Type	Individual, caregiver and child
Features	Collaboration with caregiver to identify transition goals. Monitoring of child's progress.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized. Visit our website to learn more.
Cost	FREE for eligible families registered in the OAP

Urgent Response Services

A time-limited, rapid response service that addresses a specific need to prevent further escalation of a child or youth harming themselves, others or property. The service is available to any child or youth registered in the Ontario Autism Program (OAP) who meets defined ministry criteria which is determined through a screening process that looks at high risk factors.

Type	Individual, caregiver and child
Features	Short-term, interdisciplinary consultation. Direct support to the family. Service navigation and coordination.
Delivery	Virtual, in-person, hybrid options
Dates	Dates and times are individualized
Cost	FREE for eligible families registered in the OAP. Delivered in partnership with the York Simcoe Autism Network (YSAN) .



Family Programs

Family Programs

Kinark Kreates

Kinark Kreates is a series of engaging and educational on demand videos. These free videos include a variety of topics that are both educational and entertaining to support child and youth development as well as parent education.

[Parent Resources](#) 

[Educational Videos for Children](#) 

[Arts, Crafts & DIY](#) 

[Music & Dancing](#) 

[Follow Along With Us!](#) 

[French Videos](#) 



Family Social Time

Family social time is designed to provide an hour of fun virtually through interactive and engaging activities for the whole family!

Type Group, child and caregiver

Features One-hour interactive workshop

Delivery Virtual

Cost This is a free Foundational Family Service for families registered in the OAP.

Clay Creations

Join us virtually for some creative fun making winter objects out of modelling clay! Additional details on the items required will be shared upon registration.

Date  **Wednesday, Jan. 18 from 4 to 5 pm**

Sibling Game Night

Bring your sibling to game night! Work with your sibling as a team and face other families in virtual games. Remember to work together and cheer everyone on!

Date  **Wednesday, Jan. 25 from 4:30 to 5:30 pm**

Lego Building Fun

Time to use your imagination and creativity on a lego building adventure! Register by February 1 to receive your free lego kit and then join us virtually to build them with other families. Your free kit will be provided upon confirmation of attendance and needs to be picked up at our Markham office prior to the workshop. Additional details for pick up will be provided upon registration.

Date  **Monday, Feb. 13 from 4:30 to 5:30 pm**

Taco Kit

Tacos are a simple and fun recipe that includes fresh ingredients the whole family can enjoy! Register by February 1 to receive a taco kit to join us virtually and make this fun recipe. Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up and kit customization will be provided upon registration. Adult supervision is required when creating your taco kit.

Date  **Wednesday, Feb. 15 from 4:30 to 5:30 pm**

Dance Party

Come dance with us! Bring your favourite shoes and dances moves and join us for a virtual dance party.

Date  **Wednesday, Feb. 22 from 4:30 to 5:30 pm**

Paint Night

Does your family enjoy painting? Grab your paint brushes and paper and join us for some creative fun virtually!

Date  **Wednesday, March 8 from 4 to 5 pm**

Cookie Kit

Does your family love cookies? Register by March 1 to receive a free cookie making kit and join us virtually to create them! Your free kit will need to be picked up at our Markham office prior to the workshop. Additional details for pick up and kit customization will be provided upon registration.

Date  **Monday, March 13 from 2 to 3 pm**

Spring Crafts

Join us virtually to create fun spring-themed arts and crafts! Some materials will be required and a list will be shared upon registration.

Date  **Monday, March 20 from 4 to 5 pm**

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 kinarkautismservices.ca/#newsletter

 [@KinarkAutismServices](https://www.instagram.com/KinarkAutismServices)

 [@KinarkAutismServices](https://www.facebook.com/KinarkAutismServices)

Assessment Services

Psychological Assessments

A psychological assessment is used to better understand your child or youth's development, thinking, learning, emotions, behaviour and/or day-to-day functioning. Kinark offers two types of psychological assessments for children, adolescents and transitional age youth.

These assessments are comprehensive and individualized to each client's unique needs. They are completed in a hybrid format that requires caregiver and child participation.

The cost of each assessment is dependent on the nature of the assessment.

Psychoeducational Assessment

This assessment identifies the areas of strength and weakness in your child or youth's learning profile and provides an understanding of their current educational abilities. These assessments can also identify learning disabilities, attention deficit hyperactivity disorder (ADHD) and/or an intellectual developmental disorder that can interfere with learning.

ASD Assessment

This assessment evaluates your child's social communication skills and restrictive, repetitive behaviours utilizing a gold standard measure to assess symptoms of ASD (i.e., ADOS-2).

Occupational Therapy Assessments

Occupational Therapy uses everyday activities to help support your child's skill development. Kinark's Occupational Therapist will work with your family to identify goals specific to your child, such as self-care, motor skills, sensory processing, sleep, selective eating, and emotion regulation, and develop an individualized service plan.

These assessments are completed in a hybrid format that requires caregiver and child participation.

The cost of the initial assessment ranges from \$400 to \$600. Following the assessment, each one-hour treatment session is \$160.

Read more about
Kinark's Occupational
Therapy services in a
recent blog post on
our website!

Our Assessment and Occupational Therapy services may be eligible for purchase through Ontario Autism Program (OAP) core clinical services funding, Interim One Time Funding (IOTF), and some private insurance providers.

Visit our [website](#) to book a consultation.

Additional Resources



About the York Simcoe Autism Network

The York Simcoe Autism Network (YSAN) is a group of organizations that help simplify access to the care children and families need. With access to the network's full range of service providers, YSAN experts work with families to develop an individualized program of support.

To learn more about YSAN and the programs offered through the network, visit their website: ysanetwork.ca

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 kinarkautismservices.ca/#newsletter

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About the Kinark Outdoor Centre

The Kinark Outdoor Centre (KOC) has a rich history in overnight camping, outdoor education, recreational programming, and community building. From skill development, family enrichment, social recreation, respite, and adventure-based experiences, the KOC offers high-quality programming and once-in-a-lifetime experiences in a safe, well-supported and natural environment.

The KOC is located in Minden, Ontario. Situated on 600 hectares of land, the KOC is nestled in the forest along the shores of Grey Lake. The Kinark Outdoor Centre welcomes guests from all walks of life for a variety of different programs:

- [Autism Programs](#)
- [Camp at Home](#)
- [Community and School Group Bookings](#)

To learn more about the KOC and their programs, visit their website: kinark.on.ca/koc/