



# SERVICE GUIDE

## 2026 - 2027



[kinarkautismservices.ca](http://kinarkautismservices.ca)  
1-800-283-3377  
[autisminfo@kinark.on.ca](mailto:autisminfo@kinark.on.ca)

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# IMPORTANT INFORMATION AND CONTACTS

This page offers a centralized place to store key contact information, important dates, and follow-up questions, making it easy to reference and stay organized.

## OAP INFORMATION

OAP Number: \_\_\_\_\_

OAP Case Coordinator: \_\_\_\_\_

## SERVICE AND CONTACT INFORMATION

Current Service(s) and Location(s): \_\_\_\_\_

Clinical Contact Information: \_\_\_\_\_

Other Therapist Info (If applicable): \_\_\_\_\_

Other Agencies Involved (Role and Contact): \_\_\_\_\_

## MEDICAL AND EDUCATIONAL CONTACTS

Family Doctor: \_\_\_\_\_

Daycare/School Contact Information: \_\_\_\_\_

Medication(s): \_\_\_\_\_

Allergies: \_\_\_\_\_

## IMPORTANT DATES/APPOINTMENTS

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## FOLLOW-UP QUESTIONS

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# KINARK AUTISM SERVICES

Helping children and youth with complex needs achieve better life outcomes.

Kinark has worked in partnership with families of children and youth with autism for over 25 years to provide high-quality, evidence based and individualized services that meet each child's unique strengths and needs. This service guide shares the services that are available to your family.

Our team is available to answer any of your questions about our services.

## FIND US ON SOCIAL MEDIA

**Facebook:** Kinark Autism Services

**Instagram:** @kinarkautismservices

**LinkedIn:** Kinark Autism Services

**YouTube:** @kinark

## WANT TO STAY CONNECTED?

Sign up for our mailing list and follow our social channels for program and service updates, resources and more!

[kinarkautismservices.ca/#newsletter](https://kinarkautismservices.ca/#newsletter)

## THREE WAYS TO REGISTER

### ONLINE



Scan the QR code with any internet connected smart device to register through the website.

### EMAIL US



Email [autisminfo@kinark.on.ca](mailto:autisminfo@kinark.on.ca) with your information and what services you are interested in.

### CALL US





Call 1-800-283-3377 and be prepared to discuss what services you're interested in.



# SERVICE GUIDE 2026 - 2027

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## ICON LEGEND

-  VIRTUAL
-  HOME-BASED
-  CENTRE-BASED
-  FEE FOR SERVICE



# **FOUNDATIONAL FAMILY SERVICES AND SUPPORT FOR CAREGIVERS/FAMILIES**



# PARENT AND CAREGIVER EDUCATION WORKSHOPS

## FREE FOR FAMILIES

Our virtual workshops offer education, techniques, and tools on a wide range of topics for parents and caregivers to help them support their children. On-demand educational videos are also available on select topics (Kinark Kreates).

A Parent's Guide to Bullying	Preparing for Life after High School
Accessing Regional Resources	Preparing your Child for Medical and Dental Appointments
Autism and Executive Functioning	School Series
Back to School and Beyond	Sexuality: Menstruation, The Early Years, the Middle Years
Building Healthy Sleep Routines	Teaching Functional Life Skills
Introduction to Toilet Training	Transition to High School
Keeping your Child Safe with: Household and Fire Safety	Transition to Kindergarten
Let's Eat	Transitions Done Right
More Play, Fewer Struggles	Water and Road Safety
Parenting a Teenager with Autism and Mental Health Needs	Why Can't They Get Along? Let's Talk About Sibling Play
Power of Reinforcement: How to Better Motivate, Teach, and Enjoy Parenting Your Child	... and more!

### WORKSHOPS: ASK...

- A Registered Behaviour Analyst (RBA)
- A School Consultant
- A Service Navigator



Click here or scan to see our full list of topics delivered by our multi-disciplinary team.

# FOUNDATIONAL FAMILY SERVICES AND SUPPORT FOR CAREGIVERS/FAMILIES



## FREE FOR FAMILIES

### Service Navigation and Coordination

Foundational Service Specialists are available to consult with parents and caregivers about services and supports available in their community.



### Resource Kits

Individualized resource kits are available for free to children and youth with a diagnosis of autism or those awaiting a diagnostic assessment. Following a brief meeting with one of our clinicians, our team will create and provide families individualized resource kits with materials and activities tailored to meet their child's needs.

Kits may include resources to support different areas, such as:

- Materials to support token systems and reward charts
- Materials to support communication
- Visual schedules
- Social narratives



### Brief Behavioural Consultation

Our Brief Behavioural Consultations provide caregivers with general strategies and resources to better support specific goals for their children and youth with autism.

During these sessions, a clinician will meet with parents and caregivers by phone or by videoconferencing to identify a goal and provide general strategies and resources to better equip them in supporting their child or youth. Individualized resource kits are available through this service.



### Parent and Caregiver Education

Our virtual workshops offer education, information, techniques, and tools on a wide range of topics for parents and caregivers to help them support their children. On-demand educational videos are also available on selected topics (Kinark Kreates).



# FOUNDATIONAL FAMILY SERVICES AND SUPPORT FOR CAREGIVERS/FAMILIES

## FREE FOR FAMILIES

### DIY Resource Days

Join us for a FREE DIY Resource Day where you will meet members of our team, learn to create visuals, and leave with free resources for your child.

These free workshops provide parents and caregivers with the opportunity to create resources for your child with the support of our team. You will have access to free materials to create resources such as token/reward charts, choice boards, and social narratives. This program offers:

- Consultation with our team to support you in creating individualized resources for your child.
- Access to free materials to create resources such as token/reward charts, choice boards, and social narratives.



### Kid Social Time

Kid social time is designed for children with autism to connect and participate in fun activities such as crafts, show and tell, dance parties and much more.

These sessions are recommended for children and youth aged 5 to 12.



### Family Social Time

Family Social Time is designed to provide an hour of fun through interactive and engaging activities for the whole family.



### Parent and Caregiver Social Time

This social time is designed for parents and caregivers to connect with others in a safe space, have discussions about challenges they may face, and ask questions they may have on the session topic.



### Teen Social Time

Teen Social Time is designed for youth with autism to connect and participate in fun and educational activities and discussions.

These sessions are recommended for youth aged 12 to 18.



# FOUNDATIONAL FAMILY SERVICES AND SUPPORT FOR CAREGIVERS/FAMILIES



## FREE FOR FAMILIES

### Kinark Kcreates

Kinark Kcreates is a series of engaging and educational on-demand videos. These free videos include a variety of topics that are both educational and entertaining to support child and youth development as well as parent education.



### Ready, Set, Play!

Learn how to help your child enhance their social and play skills through Ready, Set, Play!

Recommended ages 2 to 4.



### Parent Support Groups

Join us for our virtual Acceptance and Commitment Therapy (ACT)-based Parent Support Groups. Over six weeks, we aim to engage in dialogue and guide you away from feeling stuck, helping you evolve into your fullest self.



### Transition Support (Ask a School Consultant)

Ask a School Consultant sessions allow for an interactive experience for parents to bring their questions about navigating and interacting with the school system.



### Transition to Adulthood

These sessions provide information to parents and caregivers about the services and supports available once their child turns 18.



### Sibling Support Groups

Join us for our Sibling Support Groups. Over five sessions, we will explore topics including relationships, values, feelings, emotions, and reflection through meaningful and engaging activities.



# FOUNDATIONAL FAMILY SERVICES AND SUPPORT FOR CAREGIVERS/FAMILIES



## FREE FOR FAMILIES

### OAP Information Sessions

Receive information about services and supports available in the Ontario Autism Program (OAP), including the various application forms, eligible and ineligible expenses, and more.



### Beyond the OAP Resource Sessions

Learn more about the supports and services outside of the OAP and in your community, including additional funding, discounts, crisis contacts, respite care, and more.



### Funding Application Support

These sessions guide parents and caregivers through the step-by-step process for the applications for Special Services at Home, Assistance for Children with Severe Disabilities, and Disability Tax Credit.



### Ask a Service Navigator

During these sessions, Service Navigators answer your questions about funding (childhood budget, interim one-time funding), eligible services, applications, Applied Behaviour Analysis (ABA) programs, respite options, workshops, support groups, and much more.



### Ask a Behaviour Analyst

Parents and caregivers of children and youth with autism may experience challenges navigating all the available supports and services for their child. Come and chat with a Registered Behaviour Analyst (RBA) to learn more about treatment areas and scope of practice within the field of ABA.

This session allows for an interactive experience where parents and caregivers can ask questions related to ABA and how it can help support their child. Topics covered may include treatment focus, differences between ABA and other therapies such as speech therapy and occupational therapy, and how to look for a quality ABA service provider.





# APPLIED BEHAVIOUR ANALYSIS SERVICES



# APPLIED BEHAVIOUR ANALYSIS (ABA) SERVICES



## FEE FOR SERVICE

### Centre-Based ABA Services

Our team of Registered Behaviour Analysts and skilled clinicians will work with you to develop an individualized service plan to meet the needs of your child. Skills are taught across developmental domains, such as communication, independence, play and social skills, and school readiness skills.

Services are delivered at one of our child-friendly ABA Centres.



### Home-Based ABA Services

Our team of Registered Behaviour Analysts and skilled clinicians will work with you to develop an individualized service plan to meet the needs of your child. Skills are taught across developmental domains, such as communication, independence, play and social skills, and school readiness skills.

Services are delivered in person in your family home.



### Virtual ABA Services

Our team of Registered Behaviour Analysts and skilled clinicians will work with you to develop an individualized service plan to meet the needs of your child. Skills are taught across developmental domains, such as communication, independence, play and social skills, and school readiness skills.

Services are delivered virtually using a secure video conferencing platform.



Click here or scan to schedule a free consultation.

## WANT TO STAY CONNECTED?

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[kinarkautismservices.ca/#newsletter](https://kinarkautismservices.ca/#newsletter)

# APPLIED BEHAVIOUR ANALYSIS (ABA) SERVICES

## FEE FOR SERVICE - INDIVIDUAL

### ABA Coaching Services

This service provides ongoing coaching individualized to the strengths and needs of the child, youth, and adults, at our offices, in your home, or in your community - wherever that support is needed!

During these sessions, parents and caregivers meet with a Registered Behaviour Analyst, and in some cases the youth or adult themselves, to identify goals and provide individualized strategies based on the principles of ABA.



### French Language Services Services en français pour les familles

Nous nous engageons à soutenir les familles francophones en offrant des services essentiels directement en français.

Que vous recherchiez du coaching, des conseils ou un soutien de base, nos options en français sont là pour vous aider à accéder aux ressources dont vous avez besoin.



## ICON LEGEND

 VIRTUAL

 HOME-BASED

 CENTRE-BASED

 FEE FOR SERVICE

# APPLIED BEHAVIOUR ANALYSIS (ABA) SERVICES



## FEE FOR SERVICE - GROUPS

### Ready, Set, Play!

Ready, Set, Play offers young children and their caregivers a supportive space to learn through guided play. Families explore toys, games, and creative activities that encourage sharing, turn-taking, joint attention, and early social interaction. Caregivers receive hands-on coaching so they can confidently support their child's play and communication skills at home.



### Explorer Club

Explorer Club helps children move from early play skills to more independent social participation through fun, structured activities. Children practice joining in, sharing responsibility during group tasks, expressing their needs, responding to peers, and following routines within a small, supportive group. Each level is tailored to match developmental needs, creating a positive and encouraging pathway toward social confidence.



### Kids Klub

Kids Klub is designed for children who benefit from practicing foundational social-communication skills in a warm, supportive setting. Through guided games, cooperative challenges, and simple peer interactions, children learn to greet peers, ask for help, make requests, follow group routines, and take turns. This pathway builds comfort and confidence, helping prepare children for more advanced social-learning programs later on.



### Emotional Growth

The Emotional Growth pathway features renowned programs like AIM Explorers, developed by Dr. Mark Dixon and Dr. Dana Paliliunas, and Exploring Feelings, developed by Dr. Tony Attwood. Children learn to recognize emotions, understand how feelings influence thoughts and behaviours, and develop coping strategies they can use at home, in school, and with peers. Interactive stories, games, and creative challenges help children build emotional awareness, resilience, and flexible thinking.



# APPLIED BEHAVIOUR ANALYSIS (ABA) SERVICES

## FEE FOR SERVICE - GROUPS

### Hangout with Friends

Hangout with Friends gives children a relaxed, enjoyable space to practice social skills they've learned in previous groups. Guided by the group's interests, children participate in games, snacks, group projects, and interactive challenges while practicing conversation, humour, shared interests, cooperation, and resolving small disagreements. Clinicians provide gentle coaching to help children use their skills in real time.



### Bully Proofing Crew

Bully Proofing Crew helps children develop the confidence and tools to respond to teasing, bullying, and challenging peer situations. Using Behaviour Skills Training (BST), children learn how to interpret social cues, stay calm under pressure, manage online safety, handle peer influence, and speak up respectfully. Through modelling, role-play, and supportive feedback, participants practice strategies that help them feel safer and more prepared in everyday social environments.



### Friendship Builders

Friendship Builders uses evidence-based programs such as Children's Friendship Training, developed at UCLA by Dr. Fred Frankel and Dr. Robert Myatt, along with other structured friendship curricula guided by Kinark clinicians. Children learn practical skills like starting and maintaining conversations, joining groups, choosing good-fit friends, showing good sportsmanship, and working through disagreements respectfully. Through modelling, role-play, and supportive coaching, children gain the confidence to build and maintain friendships in real-life settings.

Parents or caregivers may participate in parallel sessions to help children apply their skills at home and in the community.



# APPLIED BEHAVIOUR ANALYSIS (ABA) SERVICES



## FEE FOR SERVICE - GROUPS

### Fearless

Fearless offers children a fun and supportive space to connect through creative, style-inspired, and expressive activities. Each session features engaging themes - like spa nights, hair styling, cupcake decorating, dancing, art nights, or bracelet making - that encourage conversation, confidence, and positive peer interaction. This is an ideal group for kids who enjoy imaginative, expressive activities and want a warm social setting to build friendships and self-esteem.



### AIM for Teens

AIM for Teens is based on the AIM (Accept. Identify. Move.) curriculum created by Dr. Mark Dixon and Dr. Dana Paliliunas, blending mindfulness, Acceptance and Commitment Training (ACT), and experiential learning. Teens explore how thoughts and emotions influence their choices, build emotional regulation strategies, practice flexible thinking, and identify personal values that guide healthier decision-making in their daily lives.



### PEERS® and Connections

PEERS® & Connections brings together the internationally recognized PEERS® curriculum, developed at UCLA by Dr. Elizabeth Laugeson, with opportunities for teens to apply their learning in real-life social situations. Teens begin by learning practical skills for starting conversations, choosing appropriate friends, planning social time, and navigating conflict or teasing using evidence-based PEERS® strategies. As the pathway progresses, teens participate in guided Social Practice Lab sessions, where they strengthen these skills through shared activities, cooperative tasks, and real-time social problem-solving with clinician support. This pathway blends structured teaching with supported practice to help teens build confidence in everyday social interactions.

Parents or caregivers may participate in parallel sessions to help teens apply their skills at home and in the community.



Click here or scan to view our group services.



# APPLIED BEHAVIOUR ANALYSIS (ABA) SERVICES

## FEE FOR SERVICE - GROUPS

### Life Hacks

Life Hacks helps teens build real-world planning, organization, and independence skills through hands-on activities. One module, Life Hacks: Fuel Up, teaches teens how to spot balanced meals, plan on a budget, compare prices, and make cost-effective choices. Teens take on practical challenges, from virtual grocery missions to in-person shopping and meal prep, while strengthening problem-solving and daily living skills they can use at home, in school, and as they move toward independent living.



### Career Connections

Career Connections supports teens preparing for their first job or volunteer role. Participants learn how to match their strengths to suitable positions, write resumes, practice interview skills, understand workplace expectations, and self-advocate effectively. This pathway builds the confidence and practical tools teens need to take their next steps toward employment.



### Dungeons & Dragons

The D&D pathway uses collaborative storytelling and role-playing to help teens build communication, cooperation, emotional regulation, and perspective-taking skills. Guided by clinicians, teens work together to solve in-game challenges, negotiate decisions, and navigate group dynamics, building confidence and social skills that extend into real-world relationships.



### PEERS® Dating

PEERS® Dating gives teens clear, evidence-based guidance for navigating romantic relationships. Participants learn how to show interest respectfully, ask someone out, handle rejection, set boundaries, and recognize healthy versus unhealthy dynamics. Sessions focus on practical skills, real-life examples, and open discussion, creating a safe space for teens to ask questions and build confidence in a respectful, supportive environment.



# APPLIED BEHAVIOUR ANALYSIS (ABA) SERVICES




## FREE FOR FAMILIES

### Entry to School

The program was developed to support children with autism between the ages of three and six years old successfully enter school (Kindergarten or Grade One) for the first time. The program is focused on building readiness skills and preparing children to enter school.

The Entry to school program consists of both a group based skill building program prior to school entry, as well as transition supports for the first six months of the child entering school.

 Requires an invitation from AccessOAP.



### Urgent Response Services (URS)

URS is a time-limited, rapid response service that addresses a specific high-risk behavioural need to prevent further escalation of a child or youth harming themselves, others or property. Urgent Response Service Across is available throughout York, Simcoe, Durham, and HKPR. Referrals to this service are made through The Children's Treatment Network (York/Simcoe) or Resources for Exceptional Children and Youth (Durham/HKPR).

### Caregiver-Mediated Early Years: Pivotal Response Treatment

Pivotal Response Treatment (PRT) uses your child's interests to build their motivation, language, as well as social and play skills. Over 12 weeks of individualized coaching, caregivers will use the skills they have learned throughout all parts of their day to improve how they interact with their child.

  Requires an invitation from AccessOAP.

### Connections for Students (CFS)

Connections for Students (CFS) is a collaborative approach to improving transitions for school-aged children and youth with autism.

During CFS, an autism consultant will work collaboratively with caregivers, school staff, community service providers, and the Ontario Autism Program (OAP) service provider (if applicable) to identify transition goals, implement behavioural strategies, and collect data to monitor the child's progress.



# OUR ABA CENTRES

Kinark Autism Services is a recognized leader in the field of autism, providing virtual and in person supports and programs throughout the Greater Toronto Area, including York Region, Simcoe County, and Durham Region.

## OUR ABA CENTRES ARE CONVENIENTLY LOCATED IN:

- Etobicoke
- Markham – Features a Snoezelen room, gym, and Pivotal Response Treatment (PRT) room
- Oak Ridges
- Oshawa – Features an indoor gym
- Simcoe County

Scan the QR code to view our locations.



## MEET OUR TEAM

Kinark Autism Services provides exceptional, evidence-based services to children and youth with autism and their families.

All of our ABA programs are supervised by Registered Behaviour Analysts (RBA), who have extensive experience and training in the development and supervision of individualized service plans for children and youth with autism.

The RBAs work closely with families throughout their service to best meet the individual needs of their child and family.

Scan the QR code to learn more about our team!





Disclaimer: The information provided in this service guide is subject to change without notice. We reserve the right to modify, cancel, add, or update any services or information at our discretion. We advise checking our website for the latest updates or to contact us directly.

**Contact Us:**

7271 Warden Ave  
Markham, ON L3R 5X5  
1-800-283-3377  
autisminfo@kinark.on.ca  
kinarkautismservices.ca

